

The “Who Do You Tell?”™ Program

- The “Who Do You Tell?”™ Program is a sexual abuse education program created specifically for elementary school children, their parents, and teachers.
- The “WDYT?”™ Program was first introduced in Calgary in 1983.
- The “WDYT?”™ Program has the approval of the Grande Prairie Public, Catholic, and Peace Wapiti School Boards.
- The “WDYT?”™ Program has been offered to students in Grande Prairie and Area since 2008.

Program Outline:

- 2 session program for Kindergarten to Gr. 6. Each session is roughly 60 minutes in length.
- Prior to doing programming in classrooms, Pace provides presentations for both school staff and parents (30-60min in length each), equipping them with knowledge of child sexual abuse, how to take disclosures, what their role in supporting their students/child(ren) is, and a clearer sense of the program.

Day 1

- Use pictures to discuss 4 different kinds of touches:
 - ✓ OK Touches - Who gets to decide how a touch makes you feel?
 - ✓ Hurtful Touches (Hit, kick, punch, etc) with discussion on domestic violence & physical abuse
 - ✓ Not Ok Touches to Private Parts
 - ✓ Helpful Touches to Private Parts – Changing a baby’s diaper, Doctor, etc.
- Learn proper anatomical names for private parts
- Talk about key messages: (1) Abuse is never the child’s fault (2) Most important thing is to tell an adult
- Discuss bribes & threats

Day 2

- Review different kinds of touches & information from Day 1
- Read story (Gr.K-1) or watch video with 3 different scenarios (Gr.2-6) and discuss
- Answer Questions & sing song (Gr.2-3)

Key Messages of the “Who Do You Tell?”™ Program include:

- Every child has the right to say “NO”.
- It is never a child’s fault when abuse occurs.
- Children need to tell an adult they trust.

Individual Time

In “WDYT?”™, students have an opportunity to speak one-on-one with the facilitator about personal questions or concerns in their own lives or in the lives of their friends. As such, disclosures including but not excluded to abuse or unhealthy coping mechanisms may occur and may need to be reported to one or a few of the following: the student’s parents/guardians, Child and Family Services, the RCMP, and/or School Staff.

For additional information or questions about the “Who Do You Tell?”™ Program contact:

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