

Sexual Violence Awareness Program

The purpose of Pace’s Sexual Violence Awareness Program is to affect community members’ attitudes and behaviors surrounding sexual abuse, assault, and harassment in a way that reduces these issues and their impact.

School Programming:

The “Who Do You Tell?”™ Program (Gr.K-6) and “Sexual Violence” Presentation (Gr. 7-12) provide students with age-appropriate **knowledge, language, and permission** to have **healthy and productive conversations about sexual violence**. It is also important to note these are safety programs, not sex education programs.

The Key messages of the programs are:

- Abuse is never a child/victim’s fault.
- The most important thing they can do is to tell an adult they know and trust when abuse happens to them or a friend.

“Who Do You Tell?”™ (Gr. K-6):

- 2 session program for Kindergarten to Gr. 6. Each session is roughly 60 minutes in length.
- Prior to doing programming in classrooms, Pace provides presentations for both school staff and parents (each 30-60min in length), equipping them with knowledge of child sexual abuse, how to take disclosures, what their role in supporting their students/child(ren) is, and a clearer sense of the program.

Day 1

- Use pictures to discuss 4 different kinds of touches:
 - ✓ OK Touches - Who gets to decide how a touch makes you feel?
 - ✓ Hurtful Touches (Hit, kick, punch, etc) with discussion on domestic violence & physical abuse
 - ✓ Not Ok Touches to Private Parts
 - ✓ Helpful Touches to Private Parts – Changing a baby’s diaper, Doctor, etc.
- Learn proper anatomical names for private parts
- Talk about key messages: (1) Abuse is never the child’s fault (2) Most important thing is to tell an adult
- Discuss bribes & threats

Day 2

- Review different kinds of touches & information from Day 1
- Read story (Gr.K-1) or watch video with 3 different scenarios (Gr.2-6) and discuss
- Answer Questions & sing song (Gr.2-3)

Sexual Violence Presentation (Gr. 7-12):

- 2 session program for Gr. 7 to 12. Each session is roughly 60-80 minutes in length.

Day 1

- Define and discuss sexual abuse, assault, and harassment
- Discuss key messages: (1) It is never the victim's fault (2) The most important thing to do is tell an adult

Day 2

- Talk about sexting, coping, and consent (asking for a "yes", age of consent)
- Allow students to share their beliefs and opinions regarding sex. Explain the importance of boundaries and communication.
- Discuss why people sexually offend and how this is connected to unhealthy language and ideas of masculinity, women, and sex.
- Tackle what individuals and society can do to help reduce or eliminate sexual violence in our communities

Individual Time

In both "WDYT?"™ and the "Sexual Violence Presentation", students have an opportunity to speak one-on-one with the facilitator about personal questions or concerns in their own lives or in the lives of their friends. As such, disclosures including but not excluded to abuse or unhealthy coping mechanisms may occur and may need to be reported to one or a few of the following: the student's parents/guardians, Child and Family Services, the RCMP, and/or School Staff.

Other Programming:

The Sexual Violence Awareness Program is flexible to meet the needs of the community. Presentations can be done by request for different venues and demographics. These presentations can include but not limited to topics such as:

- Information on Child Sexual Abuse for Caretakers, Guardians, Professionals, & Community Members
- Sexual Harassment & Assault (Workplace, Sports Teams, etc.)
- Healthy Sexual Boundaries for those with Developmental Delays or Disabilities

Through another one of Pace's programs, Community Support Training, the workshop *First Responders to Sexual Assault & Sexual Abuse* is offered. This two day workshop is 14 hours in length, and gives participants an in-depth understanding of the dynamics of sexual violence and skills to be a better first responder to the issue. To know the dates and times of this workshop and/or to register, contact the Pace office.

For additional information or questions about the Sexual Violence Awareness Program contact:

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