



# Pace

## ANNUAL REPORT 2013

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# ADMINISTRATIVE INFORMATION

## 2013/14 MEMBERS OF THE BOARD OF DIRECTORS

**Delbert Lubeck**

President

**Connie Korpan**

Vice-President

**J. Dennis Fitzgerald**

Treasurer

**Henriette Romancewicz**

Secretary

**Bill Walker**

Director

**Margaret Hammon**

Director

**Dwight Logan**

Director

**Gail Haakstad**

Director

**Judith Hall**

Director

**Ellen Archibald**

Director

## 2013/14 PACE STAFF

Jacque Aitken Kish

Executive Director

1987 - Present

Connie Miller

Therapist,

Assistant Director,

Genesis Program Coordinator

1992 – Present

Ali Al-Asadi

Clinical Supervisor

1989 – Present

Lana Scott

Financial Officer

2007 – Present

# Executive Director's Report

# Pace

## President's Report

I would like to take this opportunity to thank everyone that helped Pace have another successful year. Thank You to the employees, volunteers, funders and all of our business partners who keep us in compliance and in operation. Without each and every one of you supporting us, Pace would not be able to do the work we do and make a difference in the communities we serve. Pace is well respected in the province and even across the country and I am extremely proud to be part of Pace as I think you all should be. Individually we could not make as much of a difference for people who have been sexually in our communities. Together, we are doing some fantastic work and changing lives. I am grateful for all the hard work everyone puts in to make this happen. You have challenging jobs, but everyone cares and that is evident in our outcomes. Great work, let's keep trying to improve and make a difference in the year ahead and lets continue to make Pace an organization that makes a difference and one that we can be proud of being associated with.

Again, Thank You

**Delbert Lubeck**

In 2013 Pace provided: therapy to 356 individuals, family support and youth work to 286 children and 205 parents, coordinated crisis intervention, critical response services and support services following traumatic events to 402 individuals, group support to 115 individuals, and training to 3797 students and community caregivers.

I began working with sexual violence in 1978, Pace has advocated for services to victims of abuse and their families from its inception in 1981. I was beginning to believe that the focus needed to address the magnitude and complexity of sexual abuse would never happen. However we have made a difference.

The Province of Alberta, our Premier, Dave Hancock, Minister, Manmeet Bhullar and Associate Minister Sandra Jansen ( ) and Minister Jonathan Denis (Justice, Solicitor General) have just announced a major initiative to address sexual violence across our province. We may for the first time have resources to truly provide assistance counselling and education to victims of sexual abuse and sexual assault in a responsive, timely manner.

I thank every one who has been apart of this often thankless journey. We have much more work to do **and** we need to celebrate our success. I am privileged to work with a fabulous professional staff who provide welcoming and compassionate services to our clients; a caring, committed Board of Directors and many incredible volunteers, funders and supporters.

I am privileged.

Sincerely,

**Jacquie Aitken Kish**

# Genesis/Community Counselling Program

	2011 Participants	2011 # of Sessions	2012 Participants	2012 # of Sessions	2013	# of Participants	# of sessions # of hours
Female Survivors of Sexual Abuse	176	2285	155	1807 2386hrs	Genesis	<b>150</b>	1150 1700hrs
Male Survivors of Sexual Abuse	27		37		Community		
Spouse/ Family Member of Survivor	22						
Crisis Interventions	166	166	57	57 74hrs	Crisis Intervention	<b>82</b>	105 145.75hrs
TOTAL	391	2451	249	1864 2460hrs		<b>298</b>	<b>1840</b> <b>2463.75</b>

## COURT PREPARATION

	# OF CLIENTS	# OF HRS COURT PREP	# OF HRS COURT ACCOMP
<b>2004</b>	21	34	82
<b>2005</b>	41	62	92
<b>2006</b>	43	60	45
<b>2007</b>	33	60	73
<b>2008</b>	41	196	98
<b>2009</b>	50	587	208
<b>2010</b>	66	726	136
<b>2011</b>	99	885	72
<b>2012</b>	59	914	65
<b>2013</b>	<b>75</b>	<b>894</b>	<b>60.5</b>

## INTAKE GROUPS

	GROUPS	PARTICIPANTS
<b>2004</b>	3	11
<b>2005</b>	5	25
<b>2006</b>	3	9
<b>2007</b>	4	16
<b>2008</b>	1	6
<b>2009</b>	1	2
<b>2010</b>	1	3
<b>2011</b>	0	0
<b>2012</b>	4	15 female 2 male
<b>2013</b>	1	5 female

## AADAC GROUPS

	GROUPS	PARTICIPANTS
2004	15	60
2005	12	35
2006	17	68
2007	15	17 male 37 female 54
2008	10	32 male 21 female 53
2009	10	22 male 29 female 51
2010	13	12 male 24 female 36
2011	9	12 male 14 female 26
2012	11	14 male 14 female 28
2013	9	18 male 30 female 48

## SELF ESTEEM GROUP

PEACE RIVER

Nov 20, 2012 – January 22, 2013

2 Female Participants

# CHILD ABUSE TREATMENT PROGRAM

	2010 Male	2010 Female	2011 Male	2011 Female	2012 Male	2012 Female	2013 Male	2013 Female
<b>Intra-Familial Sexual</b>								
Child & Adolescent Victims 1i	4	25	5	22	3	19	2	20
Non-Offending Parents 2i	0	18	1	8	0	4	0	0
Adult Sex Offender 3i	2	0	0	0	0	0	0	0
Child and Adolescent Sex Offender 4i	4	1	3	1	2	0	2	0
Non-Abused Siblings 5i	0	5	0	1	0	1	2	1
Parents of Child & Adol. Offenders 6i	0	0	0	1	0	1	0	0
Relative of an Abused Victim 7i	0	1	0	0	0	0	0	1
Foster Parent of a Victim 8i	0	4	0	4	0	0	0	0
<b>Sub Total</b>	<b>10</b>	<b>54</b>	<b>9</b>	<b>37</b>	<b>5</b>	<b>25</b>	<b>6</b>	<b>22</b>
<b>Extra-Familial Sexual</b>								
Child & Adolescent Victims 1x	3	10	2	12	0	6	0	9
Non-Offending Parents 2x	1	9	1	6	0	1	0	1
Adult Sex Offender 3x	1	0	0	0	0	0	0	0
Child and Adolescent Sex Offender 4x	3	1	3	1	3	0	0	0
Non-Abused Siblings 5x	1	0	1	0	0	0	0	0
Parents of Child & Adolescent Offend 6x	0	0	0	0	0	0	0	0
Relative of an Abused Victim 7x	2	2	1	2	2	1	0	0
Foster Parent of a Victim 8x	0	0	0	0	0	0	0	0
<b>Sub Total</b>	<b>11</b>	<b>22</b>	<b>8</b>	<b>21</b>	<b>5</b>	<b>8</b>	<b>0</b>	<b>10</b>
<b>Physical Abuse</b>								
Victims of Physical Abuse 1p	4	6	5	9	7	9	5	3
Parents of Victims of Physical Abuse 2p	0	6	0	3	0	2	0	1
Offenders of Physical Abuse 3p	1	0	1	2	0	1	0	0
Child & adolescent Physical Offender 4p	0	0	1	0	2	0	1	0
Non-Abused Siblings 5p	0	0	0	3	0	7	0	5
Parents of Child & Adol Physical Offenders 6p	0	0	0	0	0	0	1	0
Relative of an Abused Victim 7p	0	0	0	0	0	0	1	1
Foster Parent of a Victim 8p	1	10	2	10	2	8	2	10
<b>Sub Total</b>	<b>6</b>	<b>22</b>	<b>9</b>	<b>27</b>	<b>11</b>	<b>27</b>	<b>10</b>	<b>20</b>
<b>Other</b>								
Children demonstrating symptoms of victimization with no sexual disclosure 9	2	3	1	3	3	3	2	4
Adult Survivors of Sexual Abuse 10							4	2
Those not fitting above criteria 11 (Family violence)	29	24	28	29	24	38	20	33
<b>Sub Total</b>	<b>31</b>	<b>27</b>	<b>29</b>	<b>32</b>	<b>27</b>	<b>41</b>	<b>26</b>	<b>38</b>
<b>Total</b>	<b>58</b>	<b>125</b>	<b>55</b>	<b>117</b>	<b>48</b>	<b>101</b>	<b>42</b>	<b>90</b>

## PEACE COUNTRY WILDERNESS PROGRAM TOTAL PARTICIPANTS = 68

Participant Age	2009	2010	2011	2012	2013
12	2	0	0	3	21
13	3	3	1	8	6
14	10	7	2	11	10
15	10	14	4	3	4
16	9	8	12	9	8
17	3	1	7	8	9
18+	7	7	9	7	10
<b>TOTALS</b>	<b>44</b>	<b>40</b>	<b>35</b>	<b>49</b>	<b>68</b>

# Public Education Program Statistics: 2013

School Presentations	Children	Adults	Presentations
"Who Do You Tell?"™ K-6	2333	174	218 x (2/class )
"Who Do You Tell?" 7-9	647	45	22 x (1/class) 26 x (2/class)
"WDYT?"™ Staff Information	0	245	11
"WDYT?"™ Parent Information	0	100	9
<b>2013 TOTALS</b>	<b>2980</b>	<b>564</b>	<b>286</b>
<b>2012 TOTALS</b>	<b>1880</b>	<b>297</b>	<b>180</b>
<b>2011 TOTALS</b>	<b>2205</b>	<b>267</b>	<b>114</b>
<b>2010 TOTALS</b>	<b>3203</b>	<b>420</b>	<b>186</b>
<b>2009 TOTALS</b>	<b>3289</b>	<b>469</b>	<b>198</b>
<b>2008 TOTALS</b>	<b>1200</b>		<b>44</b>

Community Presentations	Participants	Presentations
<b>2013 TOTALS</b>	<b>98</b>	<b>7</b>
<b>2012 TOTALS</b>	<b>334</b>	<b>25</b>
<b>2011 TOTALS</b>	<b>215</b>	<b>7</b>
<b>2010 TOTALS</b>	<b>144</b>	<b>7</b>
<b>2009 TOTALS</b>	<b>148</b>	<b>9</b>
<b>2008 TOTALS</b>	<b>239</b>	<b>13</b>

2013  
3797 Participants  
327 Presentations

Community Training	Participants 2013	Workshops	Instruction Hours
Professional Boundaries	32	3	10.5
ASIST (Suicide Prevention)	35	3	36
Children and Trauma	25	3	9
Family Violence Prevention	29	3	36
Walking the Prevention Circle (Red Cross)	18	1	12
Healthy Youth Relationships (Red Cross)	21	2	6
Preventing Bullying & Harassment (Red Cross)	16	2	6
Crisis Intervention/Comm. Skills	27	3	30
Cross Cultural Awareness	22	2	13
Eating Disorders	15	3	21
Grief and Loss	18	3	9
Mental Health First Aid (MHFA)	22	2	28
First Responders to SA/SA	57	4	28
<b>2013 TOTALS</b>	<b>337</b> <b>(155 Unique individuals)</b>	<b>34</b>	<b>244.5</b>
<b>2012 TOTALS</b>	<b>287</b>	<b>30</b>	<b>232.5</b>
<b>2011 TOTALS</b>	<b>291</b>	<b>25</b>	<b>170</b>
<b>2010 TOTALS</b>	<b>816</b>	<b>56</b>	<b>369</b>
<b>2009 TOTALS</b>	<b>791</b>	<b>53</b>	<b>478.5</b>

# Family Support Program 2013

## FAMILY SUPPORT

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
# of Children	99	86	46	31	40	48	61	59	64	70
# of Parents	70	64	37	31	36	38	45	50	49	52
# of Families	46	42	26	21	19	25	28	31	30	32

## YOUTH WORK

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
# of Children	87	45	50	27	51	28	19	13	13	17
# of Parents	44	13	37	17	43	16	6	5	6	7
# of Families	60	36	29	25	19	25	18	15	12	13

## SUPERVISED VISITS

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
# of Children	107	112	75	63	81	62	80	101	36	45
# of Parents	82	100	62	61	142	63	67	80	39	45
# of Families	59	59	42	38	48	40	43	56	24	22

## DROP INS

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
# of Children	17	37	36	25	19	11	6	8	6	9
# of Parents	10	35	25	18	18	9	4	7	6	5
# of Families	8	21	13	11	12	7	2	3	3	6

## CUMULATIVE PROGRAM STATISTICS

(Children and families may be served in more than one Program)

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
# of Children	247	224	162	118	170	125	110	154	126	137
# of Parents	161	166	135	107	216	105	93	129	93	109
# of Families	142	121	95	79	71	80	59	83	66	73
# of Individuals	408	390	297	225	386	230	203	283	219	248

# Women's Support Group

2009	2010	2011	2012	2013
<b>Facilitators:</b> Kalua Rhody Shirley Karseboom Jacquie Aitken Connie Miller Lisa Schlosser	<b>Facilitators:</b> Kalua Rhody Shirley Karseboom Marlene Iverson Joanne Woodward	<b>Facilitators:</b> Shirley Karseboom Marlene Iverson Connie Miller Janet Tink Adele Rideout	<b>Facilitators:</b> Marlene Connie Janet Adele Lacey Amanda Jessica Lindsay	<b>Facilitators:</b> Marlene Connie Adele Amanda Kalua Manuella Susan Jacquie <b>Students:</b> Elena Ashley Adeline Sarah Bonnie Wendy
<b>Group Participants:</b> 15	<b>Group Participants:</b> 27	<b>Group Participants:</b> 48	<b>Group Participants:</b> 53	<b>Group Participants:</b> 47
<b>Groups Facilitated:</b> 44	<b>Groups Facilitated:</b> 43	<b>Groups Facilitated:</b> 49	<b>Groups Facilitated:</b> 51	<b>Groups Facilitated:</b> 49 sessions
<b>Average Participants:</b> 1.3 members Range 0 – 6	<b>Average Participants:</b> 1 member Range 0 - 4	<b>Average Participants:</b> 5.33 member Range 0 - 12	<b>Average Participants:</b> 7.04 member Range 3 - 14	<b>Average Participants:</b> 6.41member Range 0 - 11
<b>Topics:</b> Self Esteem Parenting Loss Battering Relationships Anxiety/Depression	<b>Topics:</b> Self Esteem Goal Setting Parenting Relationships Depression	<b>Topics:</b> Abusive Relationships Parenting Stress Coping Skills Anxiety Forgiveness Self Care Boundaries Emotions Anger	<b>Topics:</b> Relationships Parenting Stress Coping Skills Forgiveness Self Care Boundaries Change/Hope Self-Esteem Letting Go Goal Setting Triggers Expectations Judgment Safety Trauma Shame Regrets Domestic Violence Spirituality	<b>Topics:</b> Coping Loss Relationships Parenting Self Care Change Goal Setting Triggers Transitions Body Image Domestic Violence Communication Mindfulness Power Therapeutic art activities Vision boards Purpose Vulnerability Anger Processing Pain Control and responsibility Levels of emotional development Erikson's psychosocial stages Guided imagery

## COMMUNITY CRITICAL INCIDENT RESPONSE TEAM

	# of Responses	# of Participants
1996	6	183
1999	10	463
2000	3	42
2001	9	75
2003	(*7) 29	(*241) 321
2004	(*8) 11	(*78) 82
2005	(*10) 16	(*35) 86
2006	23	353
2007	16	162
2008	26	173
2009	27	150
2010	4	24
2011	14	652
2012	20	429
2013	6	320



# SAFE VISITATION PROGRAMS

## **MONITORED EXCHANGE PROGRAM**

The number of monitored exchanges continued to increase. In 2013, we have had 26 families use this program; those families have 19 children between them. This last year from January 1, 2013 to December 31, 2013 we have monitored 261 exchanges.

## **CARING DADS**

During 2013 we facilitated 2 Caring Dads groups. This group is 17 weeks in length; we had 6 men complete the group. Between these fathers they have access to 17 children, from the ages of 15 months to 15 years of age.

This fall we also had a new staff member join our Safe Visitation and Monitored Exchange program. Adeline will be covering visits in the Safe visitation program.

## **THE SAFE VISITATION PROGRAM**

January 1, 2013 to  
December 31, 2013

The Safe Visitation Program continues to receive referrals from our community. The majority of our referrals have come from the Justice System (courts).

The program scheduled 394 visits for 62 children and 70 families. Of these visits the families cancelled a total of 126 visits. Most of the cancellations are noted as work related, and others were due to the children being ill.

This year we accommodated 268 visits, some were an hour and a half in length and others were two hours in length. We also had a few that were court ordered to be three hours in length.

The total client hours for these visits are 881.5 hours.

Regards,  
Marlene  
Safe Visitation Coordinator

# DRIVE PROGRAM

Lori

Drivers:  
Grant  
Judy  
Jena  
Jon  
Tim  
Sharon

YEAR	# OF DRIVES
1999	830
2000	1,074
2001	915
2002	1855
2003	1804
2004	1616
2005	2187
2006	1554
2007	1526
2008	1515
2009	1240
2010	1814
2011	2320
2012	2481
2013	2863

## Drive Destinations 2013:

Grimshaw	Woking	Laglace
Horse Lake	Valleyview	Sturgeon Lake
Dimsdale	Heart Valley	Wanham
Elmsworth	High Prairie	Kadote Lake
Fairview	Peroria	Kinuso
Grande Cache	Rycroft	Beaverlodge
Goodfare	Wembley	Spirit River
Grande Prairie	Sexsmith	Peace River
Hythe	Slave Lake	Ridgevalley
Eaglesham	Sunset House	Teepee Creek
Bezanson	Little Buffalo	Fort St. John